



S3 Stroke
Support
Station®



YEARS
OF IMPACT

YEARBOOK

**20
25**



Foreword from our CEO

2025 was a special year for us.

As we marked our 10th anniversary, we had the opportunity to come together in many ways to celebrate milestones, launch new initiatives, learn from one another, and spend time with the community that has shaped the S3 we know and love today.

This yearbook captures some of those precious moments and memories. As we look throughout these pages, I hope that we are reminded of the spirit we displayed throughout the year to truly embody S3's "Canopy of Care" and further establish ourselves in Singapore's health and stroke care ecosystem.

Beyond highlighting our key milestones, I also hope that each page reminds us that S3 has always been about the people who made our 10th anniversary a tremendous success — our dearest staff, volunteers, board members, and partners who worked tirelessly and passionately to leave a lasting impact.

Please have this yearbook as a meaningful keepsake of this chapter in S3's journey.

Thank you for being part of it.

Ms Ng Rei Na

CEO

Stroke Support Station



S3's 10th Birthday Party

S3 kicked off our 10th Anniversary milestone year with a joyful birthday celebration for over 200 of our stroke survivors, caregivers, and seniors at Frontier Community Club. Graced by Guest-of-Honour, Mr Heng Swee Keat, and Advisor to Pioneer Grassroots Organisations, Mr Patrick Tay, guests participated in group exercises, carnival games, giveaways, the launch of our official 10th anniversary video, and a cake-cutting ceremony. The party was a celebration of the people who we serve under our "Canopy of Care", made possible by the strong bonds that the Wellness, Active Ageing Centre (AAC), and Rehabilitation teams have built with them!





Learning Beyond Borders: US Study Trip



A group of staff proudly carried the S3 banner beyond Singapore as they participated in a study trip comprising RehabWeek 2025 and engagements with leading rehab institutions and centres in Atlanta and Chicago. Through visits to the world-renowned Shirley Ryan AbilityLab, Shepherd Centre, Mather Institute, and local adaptive gym Neurofit, the team engaged with leading experts, gaining insights into advanced stroke rehab models and interdisciplinary approaches to patient recovery. A key focus was to better understand integrated care models and the role of adaptive gyms in supporting functional recovery and long-term wellness. These learnings will inform and strengthen the development of more holistic, patient-centred stroke rehabilitation care models in Singapore.



Renewed Spaces for Recovery and Innovation



S3 renovated and renewed our very first centre at Enabling Village, which opened back in 2016. With support from SG Enable, the renovation transformed our level 1 space into a larger, modular, and better-equipped environment for rehabilitation services and wellness programmes. On level 2, our Innovation Lab now brings together S3 members, clinicians, and social innovators to co-create practical solutions that improve quality of life for stroke survivors. While many of us have fond memories of the old premises, these bigger and better spaces mark an exciting step forward in deepening our impact. It's great to see that we've already begun settling in well!



Before



After



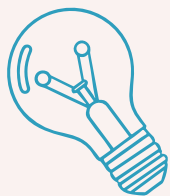
10th Year Anniversary Outings

We are an adventurous bunch! Throughout the year, our AAC and Wellness teams brought our members and their families beyond the centre walls on many occasions. Our community enjoyed memorable outings to places such as the Singapore Oceanarium, Bird Paradise, River Wonders, Singapore Turf Club, Chinese Garden, and many more. These experiences were made possible by the dedication of S3 staff and volunteers, as well as the generous support of corporate volunteers and partners. Together, we created joyful new memories — reminding us that life after stroke can be lived to the fullest, especially with the right support.





Innovating For Impact: S3's Inaugural Stroke Symposium



We held our inaugural Stroke Symposium — a milestone platform to advance conversations on stroke recovery and innovation in community-based care. Graced by Guest-of-Honour and Keynote Speaker Mr Heng Swee Keat, the event also saw the official opening of our Innovation Lab through a memorable “Ong Lai” launch ceremony. The symposium ultimately showcased S3’s thought leadership in stroke community care and reinforced our commitment to building better pathways for stroke recovery. It was inspiring to see our staff working together cohesively for all aspects of the symposium — emceeing, registration, speaking and moderating on the panels, stage and logistics management, and mingling with guests.



10th Anniversary Thanksgiving Gala Dinner



S3's 10th Anniversary Thanksgiving Gala Dinner was a memorable evening, where everyone dressed according to the "Canopy of Care" theme! At the gala, Mr Teo Chee Hean was officially appointed as S3's Patron. The evening was also packed with invigorating performances and thoughtful gestures of appreciation. We honoured all caregivers through a heartfelt bouquet presentation, including Mr Heng Swee Keat's on-stage tribute to our Chairman. The evening was a whole-of-staff effort, with S3 staff working behind the scenes and on the ground to manage programmes, engage guests, and ensure smooth operations throughout the event. Their dedication and teamwork were instrumental in making the gala a tremendous success. Bravo to the Gala Working Committee for bringing this milestone celebration to life.



Annual Volunteer Appreciation

Our annual volunteer appreciation was a warm and relaxing gathering. Centred around a tea appreciation experience, the session offered space for reflection and conversation — a fitting moment in a 10th year anniversary characterised by gratitude. We also recognised our volunteers through awards presented by our CEO, celebrating the many ways they have supported S3 members, caregivers, programmes, and events. With good food and plenty of laughter, the occasion reminded us once again that S3's work is strengthened by the heart and dedication of our volunteers.



Lunar New Year Celebration with S3 Members



S3 welcomed the Lunar New Year with our members and caregivers over a hearty meal at Haidilao and Mamma Mia Trattoria E Caffè at Jurong Point. The participants were kept entertained by the Haidilao staff's lively performances. We extend our heartfelt thanks to our partners for generously sponsoring this gathering and making the celebration possible for our members and caregivers.





Investing in Our People: Staff Retreat and Learning Journey



In this special 10th year, S3 went the extra mile to appreciate and develop the people behind our work. We travelled to Johor Bahru for a 3D2N retreat filled with laughter and well-deserved time together amidst the 10th anniversary efforts. We held a memorable dinner and dance and saw colleagues showcase their talents through special performances and group challenges, bringing out the fun and spirited side of the team. Beyond the celebration, the retreat also included a learning journey to IHT Rehab, where staff visited their centre, exchanged knowledge with fellow professionals, and gained valuable insights into their rehabilitation practices and models.



Opening of S3 Canopy Active Ageing Centre



The opening of S3 Canopy — our first Active Ageing Centre — marked an exciting milestone in our growing efforts in population health and stroke prevention. Graced by Guest-of-Honour Minister for Health Ong Ye Kung, the centre was launched with a communal toast using a specially curated healthy beverage — a fitting symbol of our shared commitment to healthier living. We welcomed residents, community partners, and philanthropic partners with carnival games and lively activities that brought the space to life. From the crowd, it was clear to see how excited the senior residents were to be part of S3 Canopy!





Introducing S3 Summit Adaptive Gym



S3 Summit Adaptive Gym is a bold step forward in making fitness more accessible for stroke survivors. The first of its kind in Singapore, S3 Summit is designed to support safe strength training, functional movement, and long-term fitness beyond rehabilitation. Strategically located at level 4 of AMK Hub, the gym has already begun operations. Kudos to the gym team for getting our members pumped up and ready to kickstart their fitness journeys with us! We are deeply grateful to the Lien Foundation and the Lee Foundation for their generous funding support in making this possible.







THANK YOU

STAFF, VOLUNTEERS, DONORS, AND PARTNERS
FOR MAKING OUR

10TH ANNIVERSARY POSSIBLE

WE LOOK FORWARD TO THE
NEXT DECADE OF IMPACT



S3 Centre for Stroke Recovery @ Enabling Village

20 Lengkok Bahru, #01-04,
Playground, Singapore 159053

S3 Centre for Stroke Recovery @ Jurong Point

1 Jurong West Central 2, Community
Hub, #06-01, Jurong Point Shopping
Centre, Singapore 648886

S3 Summit Adaptive Gym

AMK Hub, 53 Ang Mo Kio Ave 3,
#04-06, Singapore 569933

S3 Canopy Active Ageing Centre (AAC)

Blk 693 Jurong West Central 1,
#01-91, Singapore 640693

S3 Innovation Lab

20 Lengkok Bahru, #02-02,
Playground, Singapore 159053



**YEARS
OF IMPACT**



6473 3500



info@s3.org.sg



www.s3.org.sg